

# Spring Arbor Senior Center—The Gathering Place

122 Starr Rd, Spring Arbor, MI  
 517-750-1010  
 M-F, 9am-2pm. Meal at Noon  
 Bev Greene, Senior Center Specialist

## JANUARY 2010



| Sun | Mon   | Tue | Wed  | Thu   | Fri   | Sat |    |                                      |    |    |
|-----|---|-----|--|---|---|-----|----|--------------------------------------|----|----|
|     |   |     |  |   | Center Closed   | 1 2 |    |                                      |    |    |
|     |   |     |  |   | <b>Happy New Year</b>   |     |    |                                      |    |    |
| 3   | 10-12 carving<br>1:00-2:00 euchre                               | 4   | No Line dance  | 5   | 10-12 Knit/Quilt<br>11:30-12 Blood Pressures                                | 6   | 7  | 9:30-11:30<br>Acrylic Painting Class | 8  | 9  |
| 10  | 10-12 carving<br>10-11 <u>Fit after 50</u><br>1:00-2:00 euchre  | 11  | 10-11:30 Line dance<br>12:00 Jan Birthdays<br>12:30 <b>Protect Yourself:<br/>Phone &amp; mail scams</b><br>Senior Brigade presenters | 12  | 10-12 Knit/Quilt<br>10-11 <u>Fit after 50</u><br>1:00 <b>Advisory Board</b> | 13  | 14 | 1-3 Cards with Norma                 | 15 | 16 |
| 17  | Center Closed<br>Martin Luther King Day                         | 18  | 19   | 10-12 Knit/Quilt<br>10-11 <u>Fit after 50</u> | 20  | 21  | 22 | 9:30-11:30<br>Acrylic Painting Class | 23 | 24 |
| 24  | 10-12 carving<br>10-11 <u>Fit after 50</u><br>1:00-2:00 euchre. | 25  | 10-11:30 Line dance<br>12:15 <b>Cancer Prevention:</b><br>Allegiance Health Oncology<br>Nurse Practioners                            | 26  | 10-12 Knit/Quilt<br>10-11 <u>Fit after 50</u>                               | 27  | 28 | 1-2 Bingo                            | 29 | 30 |
| 31  |   |     |  |   |   |     |    |                                      |    |    |

